

November 2025 | Active 6 Program Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	ACTIVE 6	*Indicates Program is open to all YMCA members and won't have Active 6 staff onsite. Scan the QR code for a schedule of all YMCA programs	*Notice*: Active 6 will be self-guided November 1–14. Keep up the great work and stay active!	Have questions? Stop by the YMCA or email active6@ymcamissoula.org to learn more! Sign up today!		1 Open Gym*: 1:00–8:00 p.m. Family Track*: 11:00–2:00 p.m. Lap Swim*: 7:00–8:00 a.m. & 9:00–7:00 p.m. Open Swim*: 7:00–8:00a.m. & 9:00–7:30p.m.
2 Open Gym*: 7:00 a.m8:00 p.m. Family Track*: 11:00-2:00 p.m. Lap Swim*: 8:00-5:30 p.m. Open Swim*: 1:00-5:30pm	4 Open Climb*: 4:00–7:00 p.m. Open Gym*: 2:00–10:00 p.m. Lap Swim*: 8:00–9:30 p.m. Open Swim*: 8:00–9:30 p.m.	5 Active 6: 3:30-5:30 p.m. Open Gym*: 2:00-10:00 p.m. Teen Tenacity*: 4:30-5:30pm. Lap Swim:* 7:15-9:30pm Open Swim:* 8:00-9:30pm	6 Open Climb*: 4:00–7:00 p.m. Open Gym*: 2:00–10:00 p.m. Lap Swim*: 8:00–9:30 p.m. Open Swim*: 8:00–9:30 p.m.	7 Active 6: 2:30–4:30 p.m. Open Gym*: 2:00–10:00 p.m. Teen Tenacity: 4:30–5:30pm. Lap Swim: 7:15–9:30pm Open Swim: 8:00–9:30pm	8 Open Climb*: 4:007:00 p.m. Open Gym*: 2:00-10:00 p.m. Lap Swim*: 5:30-9:30 p.m. Open Swim*: 5:30-9:30 p.m.	9 Open Climb*: 10:00-1:00 p.m. Open Gym*: 1:00-8:00 p.m. Family Track*: 11:00-2:00 p.m. Lap Swim*: 7:00-8:00 a.m. & 9:00-7:00 p.m. Open Swim*: 7:00-8:00a.m. & 9:00-7:30 p.m.
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